

HOWE FOOTBALL 2018



DATES TO REMEMBER

Strength Camp (Mon to Thurs (9 to 11 AM)

- June 11th to 14th
- June 18th to 21st
- June 25th to 28th
- July 9th to 12th
- July 16th to July 19th
- July 23rd to July 26th

Head Start (Senior Led Workouts – 9 to 11 AM)

- July 30th to Aug. 2nd

Youth Football Camp - July 30th to Aug 1st 9-11 AM - Stadium

Thursday August 2nd – Equipment Handout Grades 9 to 12

- 5 to 8 PM at High School

Football Parent Meeting - Friday August 3rd 6 PM (High School Gym)

- Practice Schedule for Season will be handed out at this meeting.

Monday August 6th – First Day of Practice (High School)

- Report 4:30
- Weights 4:30 to 5:15
- Meetings 5:15 to 5:30
- Practice 5:45 to 8:45 PM

(Practice Schedule will be same Monday Aug. 6th to Thursday August 9th)

Friday August 10th – Friday Night Lights (Stadium)

- First Full padded Practice
- Report 5:30 PM to HS
- Practice 6:30 to 9 at Stadium