Texoma Enterprise

May 19, 2011





Howe Founders Day
Great Success







Southeastern Spring Commencement Saturday, May 14

DURANT, Okla. - Civic leader and businessman Joe Chow ('80) will be the speaker at Southeastern Oklahoma State University's Spring Commencement. The ceremony will begin at 10 am on Saturday, May 14, at Paul Laird Field. A reception for the graduates, families, and guests will follow in the Visual & Performing Arts Center.

Chow moved from Taiwan to the United States in 1979 and completed his Master of Administrative Studies degree at Southeastern in 1980. He is currently completing his third and final term as Mayor of Addison, Texas, a city located north of Dallas.

Following are local area Spring/Summer 2011 candidates for degree, listed by permanent hometown:

Collinsville, TX: Shaunda Gail Graves

Denison, TX: Catherine Elizabeth Blake, Chanda L. Boss, Allison Leigh Bratcher, Kristen Lee Burtis, Judith Ann Foster, Tedra Lea Franklin, Krystal D.

Frazier, Lashawnda Sue Glenn, Stephanie Suzanne Hosman, Lauren Delynn Lowing, William Scot MacRae, Shelley Rene' Odom, Cody Wayne Tilley, Audra Tolbert-Martin, Bonnie Michelle Way, Jodi White

Howe, TX: Sarah Elizabeth Lowe

Pottsboro, TX: Amanda Renae Bates, Matthew Christopher Malone, Kristi M.

Savoy, TX: Heather Hutcheson

Sherman, TX: Jasmine Shanee' Carter, Kamen Chey-Anne Chumbley, Michelle Rene' Cole, Clay Austin Cox, Chance Aaron Dunlap, Donald Joshua Harris, Amanda Jane Hodge, Saeko Iida, Usman Javed, Priti KC, Martha Kennon, Britney Faye Martin, Paige Leann McCoy, Sarah Janette Mexia, Michael S. Omohundro, Veronica Enriquez Ordonez, Jason Robert Salafia, Kylee M. Toney, Kevin B. Wrenn

Tom Bean, TX: Jason D. Brogdon, Seth Christian Hamilton

Whitesboro, TX: Sheila Marie Gibbs

Whitewright, TX: Samanthia Diane Margie Woods

City Drug Co.



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Texoma Enterprise

Howe's That



What's Cooking?

by Lana Rideout

When I was a teenager, I dearly loved the Smothers Brothers comedy act. I watched them on TV variety shows and then they had their own show.

My sister and I bought one of their comedy albums. We played them over and over, learning them by heart ... laughing every time we played the songs.

My era was the beginning of the Vietnam era. President John F. Kennedy was assassinated during my early college years. It was a simpler time, or at least it had been before the war in Nam and the assassinations of national figures ... Martin Luther King, Jr. and Robert Kennedy.

When I think back to those times, I am reminded of how naive we were. I hope that some teenagers are still a bit naïve, but I don't hold out much hope for that. We have instant images of all sorts of tragedies on TV. With 24/7 news and videos and streaming programs on the Internet, it is hard to be naive.

The Smothers Brothers made me laugh when I was a kid. A couple of years ago the Smothers Brothers appeared in McKinney. My daughters bought tickets for my husband and me to go and see them in person. It is a fond memory to relive those silly antics.

When the world is harsh and unrelenting, it is nice to have memories of things that are silly or beautiful in life ... things to make us think about what is important.

Southwestern Barbecue Sauce

10 cloves garlic, baked (at 350°F for 30 minutes, then peel – it's easy)

2 cups catsup

2 celery stalks, chopped

1 cup sweet or yellow onion, chopped

1 cup water

1/2 cup brown sugar, firmly packed

1/2 cup butter

1/2 cup Worcestershire sauce

1/2 cup apple cider vinegar

3 tablespoons chili powder

2 teaspoons instant coffee

1/2 teaspoon cayenne pepper

1/2 teaspoon dried crushed red pepper

1/2 teaspoon salt

1/2 teaspoon ground cloves

Combine all ingredients in a saucepan. Slowly bring to a boil, reduce heat and simmer for 20 minutes. Allow to cool.

Pour mixture into blender container. Process until smooth, scraping down side of container as necessary.

Makes about 5 cups.

Note: May be used to baste meat or chicken and/or served as a sauce on the side. If you use the sauce both for basting and serving on the side, be sure to separate the sauce used for basting from the sauce you will serve. The sauce used for basting will accumulate raw meat juices via your basting brush or mop as you baste and, therefore, should not be eaten.

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Texoma Enterprise

Glen Mitchell

Nov. 20, 1932 – May 12, 2011

Sherman - On May 12, 2011 at 3 pm, God called Glen H. Mitchell home and said to him, "Job well done, my good and faithful servant." Funeral services for Glen Harold Mitchell were held Monday, May 16, at North Park Baptist Church; Dr. Kevin Mitchell and Rev. David Murphy officiated. Burial followed at Friendship Cemetery with Jeremy Roberts, Ryan Roberts, Derrick Roberts, Christopher Mitchell, Ned Culp, and Billy Vier serving as pallbearers. Mr. Mitchell, 78, passed away Thursday, May 12, at Texas Health Presbyterian WNJ.

Glen was born November 20, 1932, in Ranger Texas to the late Joseph Hubert Mitchell and Edith (O'Neal) Mitchell. On August 13, 1955 he married Willa Johnson in Brownsville, Texas. Mr. Mitchell worked as a principal of schools in Brownsville, Union, and Henrietta. He later served as superintendent of schools in Wilson, Howe, and Henrietta before retiring as the superintendent of Iowa Park schools. In his 42 years in education, he missed only five days of work. At the age of 50, he was nominated for Superintendent of the Year for the State of Texas and finished in the top five. In retirement he enjoyed coordinating over 100 Lay Renewal Weekends in Texas, Oklahoma, and Arkansas. He was a long time deacon and former Sunday School teacher of the Faith Baptist Church in Iowa Park. Mr. and Mrs. Mitchell had just recently moved to Sherman.

Mr. Mitchell was a wonderful and loving husband, father, and brother. He is survived by his wife of over 55 years, Willa of Sherman; daughter, Regina Roberts and her husband, Gary, of Sherman; son, Kevin Mitchell and wife, Alecia of Wolfe City; daughter, Vicque Hendricks of Tennessee; eleven grandchildren, Jeremy Roberts and wife Natalie of Pottsboro, Ryan Roberts and wife Elaine of McKinney, Derrick Roberts and wife Emily of Sherman, Christopher Mitchell, Grace Mitchell and Ruth Mitchell, all of Wolfe City, Walter Johns, Kristin Johns, Audrey Hendricks, Jordan Hendricks, and Kate Morris, all of Tennessee; two great-grandchildren, Layla Roberts and Lawson Ryder Roberts; one sister, Huberta Ross of Bedford, two sisters-in-law, Jeanette Chambless and husband Lewis of Denver City and Luella Roach and husband, Dean of Tuscola; brother-in-law, Pat Johnson and wife Virginia of Denver City; and numerous nieces and nephews. He was preceded in death by his parents and his brother-in-law Eldon Johnson and his wife Linda.

A memorial service will be held at a later date in Iowa Park, Texas. Memorials may be made to the Capital Improvement Fund of the First Baptist Church of Wolfe City, PO Box 87, Wolfe City, Texas 75496 or the North Park Baptist Church Building Fund at 2605 Rex Cruise, Sherman, Texas, 75092. The register can be signed online at waldofuneralhome.com



Texoma Enterprise



Howe Elementary Star Students for the week of Caleb Lankford, Kelsey Pierce, Mason Riggs, Jada Wood, Ally Harvey, Sarah Martin, Kacie Morgan, Ethan Grant, Raul Hernandez, Zoey Moore, Ethan Lopez, Cierra Brussow, Kelly Caballero, Trey Phillips, and Brody McCollum.

HISD Menus

May 23-27

Breakfast

Monday-Cinnamon roll, cereal w/toast, rosy applesauce, apple juice

Tuesday- Sopapilla, cereal w/toast, diced peaches, orange juice

Wednesday- Breakfast burrito, cereal w/toast, graham crackers w/yogurt, frozen delight, grape juice

Thursday Breakfast pizza, cereal w/toast, fruit cocktail, orange juice

Friday- Eggs/ toast/ sausage, cereal w/toast, orange halves, orange juice

Lunch

MONDAY- Hamburger, tuna sandwich, burger fixins, potato rounds, corn cobbette, rosy applesauce, chocolate pudding **TUESDAY-** Chicken rings, small chef salad, mashed potatoes, gravy, green beans, diced peaches, wheat roll, gelatin jewels

WEDNESDAY- Grilled cheese, fish strips, steamed veggies, frozen delight, frozen fruit bar

THURSDAY- Cheese pizza, steamed corn, fruit cocktail, frozen fruit bar

FRIDAY- Chicken crispeto, tossed salad, refried beans, Spanish rice, orange halves

Milk & juice served with all meals

Menu subject to change according to availability

HISD Board Meeting

On Thursday, May 12, the Howe ISD board of trustees held an emergency meeting,

The board voted 6-0 to support the proposed legislation that would create the Cottonwood # 2 Municipal Utility District. That is the western half of the land owned by Walton Development, which lies within the Dorchester ETJ and within the county.

According to Supt. Kevin Wilson, the development agreement adopted would provide the district with land for six school sites for future growth needs.



May 3, 2011

Dear Community Partner:

In June 2010, Pack 45 Cub Scouts in Howe made a commitment to care for the Howe Memorial Park as a community service project. New flowers and plants have been planted and each month a different den has been taking care of the grounds. In addition, the boys have been working hard to raise funds to build a playground for the community to enjoy. The Cub Scouts have partnered with Pack 45 Charter Organization, Howe Volunteer Fire Department, and Boy Scout Tyler Olin. Tyler has graciously taken on the oversight of building the playground as part of his Eagle Project. He has already enlisted the help of several community members to construct the playground, once we have enough funds to proceed.

To date our boys have raised \$1,841.00 through various fund raising activities. We are proud of our boys, the hours they have spent raising money and their dedication to the park. Currently, we are \$2,159.00 shy of our \$4,000.00 goal for the playground equipment.

We are asking for your generous contribution towards the playground equipment and would greatly appreciate any monetary assistance that you would be willing to provide.

All checks should be made payable to Pack 45 and may be sent to Pack 45, PO Box 671, Howe, Texas 75459.

Thank you in advance for your support.

Yours truly,

Carolyn Cherry Committee Chair Howe Pack 45 Cub Scouts 903-814-0836

Kevin Frantz Assistant Fire Chief and Charter Representative Howe Volunteer Fire Department 903-357-0974

Howe Pack 45 ◊ PO Box 671 ◊ Howe, TX 75459







Texoma Enterprise

Tom Bean

Elementary Menus

Breakfast

Monday – Breakfast pizza or toast & cereal, juice, milk

Tuesday – Breakfast burrito or toast & cereal, juice, milk

Wednesday – Sausage & biscuit toast & cereal, juice, milk

Thursday – French toast sticks or oatmeal, toast & cereal, juice, milk

Friday – Cinnamon roll or toast & cereal, juice, milk

Lunch

May 23 – Pizza, tossed salad, fresh baby carrots w/Ranch, bread sticks w/marinara, chilled fruit, chocolate chip cookie, milk

May 24 – Frito pie w/ chili & cheese, ranch style beans, variety fruit cups, cookie, milk

May 25 – Chicken fried steak, mashed potatoes w/gravy, green beans, orange wedges, dinner roll, milk

May 26 – Sloppy Joe, French fries, pickle, blushing pears, brownie, milk

May 27 – Corn dog, pickles, celery sticks w/Ranch, baked beans, fresh apple, chips, milk

Tom Bean Secondary Menus

Breakfast

Monday - Breakfast pizza or toast & cereal, juice, milk

Tuesday - Breakfast burrito or toast & cereal, juice, milk

Wednesday - Sausage & biscuit toast & cereal, juice, milk

Thursday - French toast sticks or oatmeal, toast & cereal, juice, milk

Friday - Cinnamon roll or toast & cereal, juice, milk

Lunch

May 23 – Pizza or ravioli, tossed salad, fresh baby carrots w/Ranch, bread sticks w/marinara, chilled fruit, chocolate chip cookie, milk

May 24 – Chicken pot pie or BBQ on bun, scalloped potatoes, broccoli w/cheese, cornbread, chilled peaches, milk

May 25 – Chicken fried steak or meatloaf, mashed potatoes w/gravy, green beans, orange wedges, dinner roll, milk

May 26 – Sloppy Joe or ham and cheese sandwich, fresh broccoli w/Ranch dip, pickle, fresh fruit, milk

May 27 – Crispeto w/cheese or Cheese nachos w/beef, refried beans, Mexicali corn, fruit cocktail, milk

THIRD GRADE FIELD TRIP

Tom Bean Elementary third graders thoroughly enjoyed their field trip to the Dallas World Aquarium. The rainforest was filled with rare plants and animals. The path led us past monkeys, toucans and crocodiles. The river exhibit gave us a glimpse of giant river otters, manatees and turtles. We saw black-footed and fairy penguins in the lagoon. The sharks and a jaguar were two of our favorites. It was a learning experience we'll never forget!

THEATRICKS

Once again, students of TBE enjoyed a live performance of 'I Wish I Were A Butterfly' presented by Theatricks. The cast vividly shared the story of a young grasshopper wishing to be anything but a grasshopper. The play helped students to accept and appreciate the differences of others. It also encouraged each of us to be happy by just being ourselves.

Theatricks offers drama workshops three times a year during the fall, spring and summer. These workshops are especially designed to introduce children to theatre arts by helping them to improve skills in concentration, observation, imagination, creativity and body movement. If your child is interested in participating in such a workshop, please contact Theatricks at www.theatricks.org or 903-893-8525.

Theatricks next performance will be *MISS NELSON IS MISSING*! This performance will be in the Honey McGee Playhouse located at 313 W. Mulberry Street. Tickets may be obtained by calling the box office at 903-892-8818.









Tom Bean Staff Appreciation Banquet

On Monday, May 2, 2011, the Tom Bean ISD staff received a staff appreciation banquet to honor employees and their spouses from the District. "Thank-you for Camping Out with Us" was the theme of the banquet which was created by Marci Chapman and her class. Decorations included camouflage decorations of all the tables, centerpieces, and flowers. The Board of Trustees acknowledged the accomplishments and dedication of all the employees with a catered meal from Rhomer's Restaurant in Muenster, Texas.

The presentations began with the celebration of staff members from five years of service up to twenty-five years of service. Each educator was given their respective honor pins for service. A power point presentation included each service award winner with the Theme as a focus of their commitment to the students at Tom Bean ISD. Other major awards were presented below. Each award winner received their name engraved on a plaque to be displayed at their campus, and an individual plaque for themselves.

Service Pins

5 years - Lance Cherry, Randa Hamilton, Judy Milford, Vanessa Payne, Christy Rhodes, Lorry Royal, Flint Weed

10 years - Dana Bruton, Tracey Coker, Robert Jewell, Kim Newell, Amy White

15 years - Ciondy Howland, Amy McLain

20 years - Shirley Smith

25 years - LaTressa Melton

Teacher of the Year

HS - Sharon Stephens

MS - Twilene Sanders

ES - Betty Johnson

Instructional Support of the Year

HS – Lola Mosier

MS – Becky Roberts

ES – Sherry Walsh

Support Staff - Terry Kosloski, Tricia Vezey

Supporter of the Year - Boyd Highlander, Alyssa Mathis, Ron Wilson, Ronnie Cole

Substitute Teacher of the Year - Teddi Trentman

Retirement - Tommy Jackson was given a clock for his 34 years of dedication to the students in Texas.

Tom Bean ISD is very proud of all the 129 employees in the District. Each person not only performs their job with pride, but shares in the vision of "Achieving Excellence."



Texoma Enterprise



Tom Bean High School Students Receive Achievement Award - from left: Maddi Cavender, Ronni Trentman, Kalen Goss, Mathew Kirby, Bethany Davidson, Candace Johnson, Elizabeth Theis

TBISD OPEN HOUSE

The Tom Bean Independent School District is having an open house/meet the Athletic Director on Monday, May 23, 2011 from 6-8 pm. This will be a come and go event with refreshments being served. We will be introducing the new Athletic Director and his family, Mr. Torrey Price.

Mr. Price was hired at the April, 2011 Board meeting, after an extensive search through many qualified applicants as the new athletic director for Tom Bean ISD. Mr. Price, along with his wife, Tonya, daughter Talyn, and son Trace will be a welcomed addition to Tom Bean. Coach Price has eleven years of coaching experience.

That evening we will be showing the new central administration building purchased by the Board of Trustees. Please come and see the new building and meet the new athletic director. New central administration building is located at 102 E. Garner St., Tom Bean, Texas

7 Tom Bean High School Students Receive Achievement Award

Seven Tom Bean High School students received the "Texas Student Achievement Award" from the Texas ACT Council for their performance on the PLAN (the Pre-ACT) Assessment. These students are on target to meet or exceed ACT's College Readiness Benchmarks by graduation. ACT's College Readiness Benchmarks are empirically-based and identify the level of achievement necessary in English, mathematics, reading and science to have a successful college freshman experience.

The students receiving this recognition from the Texas ACT Council are: Maddi Cavender, Bethany Davidson, Kalen Goss, Candace Johnson, Mathew Kirby, Elizabeth Theis and Ronni Trentman.

The Texas ACT Council is made up of secondary and postsecondary educators who advise ACT, Inc. on the utilization of ACT programs and services in Texas schools and colleges. ACT, Inc. is the not-for-profit organization that provides assessment, research, information and program management services in the broad areas of education and workforce development and the publisher of the ACT Assessment. The ACT Assessment is the college admissions test that is accepted by all colleges nationwide.

According to Karen Pennell, ACT Assistant Vice President and Southwest Regional Manager, "The Texas ACT Council recognizes those students who are making significant strides to prepare themselves for college by taking rigorous courses and meeting the PLAN (Pre-ACT) College Readiness Benchmarks. We also want to recognize that student PLAN (Pre-ACT) achievement is the result of a strong commitment by Tom Bean High School teachers, staff, administrators and parents to increase college readiness for all students."



Texoma Enterprise

Van Alstyne Library News

By Juanita Hazelton

The Summer Reading Program at the Van Alstyne Library will be "Digging up a Good Book" beginning on June 8 with Fire Department Day. Children can meet local firemen and have a chance for a close-up look at a fire truck, at 10:15 am. On June 14, at 4-5 pm, Gail Margulis will present a program about Sugar Gliders. On June 16, James Wand will present a Magic Show at 2-3 pm. Rochelle Rabouin will present a music show on June 22, at 10:15 am. Merrill Hazelton will provide a story time on "Digging up Texas History" on June 29, at 10:15 am. On July 6, Juanita Hazelton will present a story time on "Favorite Dogs I've Known" at 10:15 am. The last story time of the summer will be "Cool School with Ms. Maria on July 13 at 10:15.

Bilingual Story Time will continue in the summer on Tuesdays at 4-5 pm, for children age 6-9. Preschool story time will continue on Wednesdays at 10:15, with special events as announced. Crafts for Ages 6-13 will meet on Wednesdays at 10:15. All events are free to attend! Join us for the summer fun! Reading Activities will be announced soon.

The Teen Council invites your participation in an Anime Convention at the library on Saturday May 21, 4-8 pm. Admission is free, however a small fee will be charged for participation in contests as well as concessions. Come in costume as your favorite character. There will be a costume contest, drawing contest, concessions, Anime movie, rice eating contest, manga art display, dragonball hunt, pokemon battle revolution, and Marvel vs Capcom 3. Over 100 new graphic novels will be available for checkout with a valid library card.

Van Alstyne Voices Toastmasters

Van Alstyne Voices Toastmaster M.J. Presley opened the meeting by calling on Merrill Hazelton for prayer and pledge. M.J. Presley welcomed guests Garrett and Pam Shaw. Toastmaster Juanita Hazelton introduced Speaker Allison Presley and her speech "It's Not a Failure to Communicate," followed by M.J. Presley's speech "Memorial Day." Juanita Hazelton evaluated Allison's speech and Merrill Hazelton evaluated M.J. Presley's speech. M.J. Presley was Table Topics Master, calling on Pam Shaw, Garrett Shaw and Allison Presley to speak extemporaneously for 1-2 minutes on topics of his choosing. Merrill Hazelton entertained as Joke Master and Ah-Counter. Allison Presley was Best Speaker, Pam Shaw had the Best Table Topic, and Merrill Hazelton was Best Evaluator.

At a short business meeting, M.J. Presley informed members that District 50 ranks ninth in the world in fulfilling requirements on time. Van Alstyne Voices Toastmasters club will participate in the current membership drive. Six more members need to be added by June 30 to be President's Distinguished. An alternate meeting venue is still needed for the summer. The May 16 meeting will be at the Van Alstyne Library.

Toastmasters International is a not-for-profit educational organization whose mission is to help people develop their communication skills. Toastmasters can help people build their self-confidence and develop speaking skills in a friendly, positive environment. Van Alstyne Voices Toastmasters meets each Monday evening at 7:00. Visitors are welcome. Call Public Relations Officer Juanita Hazelton at 903-482-5991 for more information.



Chrystal Opry House Presents Jill Brown Studios

Jill Brown Studios will be in concert on Friday night, May 20, 2011, at the Chrystal Opry at Melody Ranch. This is a Mother's Day Concert with showtimes at 6 pm and 7:30 pm. There will be two different concerts that night. Tickets are \$6 for both concerts. Each student is singing one of their Mother's favorite songs!

The concession area has brisket sandwiches and hot dogs as well as coffee, soda, water, popcorn, and candy. Doors will open at 5:30 and the performances begin at 6 pm.

The Chrystal Opry House is located 1.5 miles west of Tom Bean or 6 miles east of Howe on FM 902 and a half mile south on White Mound Road. No alcohol is permitted and there is no smoking inside the building.

Individuals or bands interested in performing at the Chrystal Opry House should contact Bill Hayes at 903-546-6893 or http://www.chrystalopryhouse.com

Tom Bean City-wide Garage Sale

City of Tom Bean will hold a city wide garage sale on Saturday, June 11, 2011.

The sales will run from 8 am to 5 pm. All residents, businesses, churches, and other fundraising groups are welcome.

Pick up form at City Hall to sign up.

If you wish, you may put your sale on a map for \$5.

If you do not have a place, there are some sites on Garner Dr (right of way along Hwy. 11) -- 20'x20' for \$20.

Deadline for signing up is May 31 @5 pm.

June 6 the Map/Sale list will be ready and can be picked up at City Hall and KC Foods.

All fees/donations will be given to the Tom Bean Police Department for their yearly "National Night Out" in October.

For more information, contact Tammy Phillips, City Wide Coordinator, at City Hall, 903-546-6321 or cell, 903-818-9641



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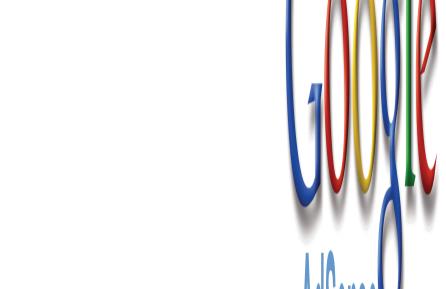
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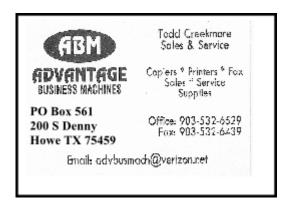








Music by Kevin McCloud



Texoma Enterprise

You are invited!!

13th Annual Armed Forces Day Dinner Celebration!



Honoring Veterans and Seniors
Saturday, May 21, 2011
6:30 pm at
Fannin County Multi-Purpose Complex
Bonham, Texas



Join us as we honor our Veterans and Seniors May 21, 2011 in Bonham, Texas. Congressman Ralph Hall will welcome our keynote speaker Captain Scott F. O'Grady, a former United States Air Force fighter pilot. Captain O'Grady gained prominence after ejecting over Bosnia when his F-16C was shot down and his eventual rescue by US Marines. O'Grady has authored two books on his experience. His story was documented in the movie "Behind Enemy Lines."



Enjoy a great dinner provided by Cappy's, and the presentation of the Patriot Scholarships. Bring your friends and neighbors for a heart warning evening.

Call Joe or Sandra Ward at 903-664-3022 to make your reservation.

Proudly Presented by The Fannin County Republican Party











Remembering two doctors

By Bob Bowman

When doctors W.D. Thames of Lufkin and Joe Dickerson of Jasper died recently, East Texas lost two unique physicians--men who made house calls, kept up with the babies they delivered, and cared for whole families.

Thames graduated valedictorian of his Lufkin high school class in 1941 and began practicing medicine in 1948 in an small office where he stayed 40 years.

Upon graduation from medical school, he was commissioned as a lieutenant in the U.S. Navy and served as a doctor on a ship in Korea and Japan during the Korean conflict.

When he came home, Thames made early rounds at Lufkin's two hospitals and made house calls, recalled his daughter, Mary Anne Clement, before he went to his modest office.





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By Dorothy N. Fowler

It's 9:21 pm Monday night and I am starving because I haven't had anything to eat since 7 pm Sunday. This fast is not by choice. It's because I am having surgery Tuesday morning for an affliction I never expected to have.

At the ripe old age of almost 75, I have an ovarian cyst that the physicians are describing variously as "the size of grapefruit (a not helpful description since grapefruits come in several sizes) or as "the size of two baseballs," or more precisely in terms of millimeters, which means little or nothing to me.

This whole episode has made me furious. I was not one of those women who went to a surgeon demanding a hysterectomy when I was 35. I never wanted any surgery of any kind and agreed to my knee replacements only after I got to the point that I couldn't walk without significant pain.

Everyone is 99.9 percent sure that this internal monstrosity is benign and the surgeon says he can get it out using laparoscopic equipment in a procedure that will take 15 or 20 minutes.

If I weren't so put out at being inconvenienced, I would consider this to be a miracle procedure. And, as a matter of fact, I do.

Nevertheless, I am embarrassed by having an ovarian cyst. That attitude is nonsense, and that is the reason I am writing this column about it.

I am old enough to remember the days when cancer was not a word that was said in polite company. It didn't matter where the cancer was and whether it inhabited the body of a man or a woman. It was just a word -- like pregnant -- that one did not say in mixed company. And if the cancer were breast cancer or prostate cancer, it was spoken of in whispers, if at all.

For the rest of my life I will be grateful to Betty Ford and to Happy Rockefeller, who, when they were diagnosed with breast cancer, brought the disease out of the shadows, undergoing their treatments with grace and with the sure and certain knowledge that it was time for the public not only to talk about the disease but also to try to do something about it.

Their experience and their courage in sharing their experiences with the public has led more and more women and men to get the tests they need to detect cancer early enough that treatment is effective. The result is that survival rates, once miserably low, have improved for most, though not all cancers. Early detection makes a tremendous difference.

Therein lies a caution for patients. It is entirely possible that your physician will ignore you when you describe your symptoms to him or her.



Texoma Enterprise

BOB BOWMAN'S EAST TEXAS, continued

"W.D. loved every day of his life, and loved every bit of it," said a long-time patient, "and even after he retired, he would take phone calls from old patients or the children of his former patients."

When someone asked Thames if he had a specialization in his practice, he laughed and said, "I specialize in diseases of the skin and all of its contents."

In 1987, Thames was awarded the Angelina Award-Lufkin's highest award for personal service--but in his typical self-effacing manner, he said, "here are a lot of people who deserve this more than I do."

Dickerson, better known simply as "Dr Joe," was born in the old ghost town of Rockland and went to school at Woodville.

In 1964, he built Dickerson Memorial Hospital and named it in memory of his wife, who died in 1961.

Like Thames, Dickerson enlisted in the military, serving in the Army Air Corps, flying P-38s during World War II.

Dickerson was a devout Christian, a Christian scholar and considered an expert on the Shroud of Turin. He was also known as "Mr. Jasper" because of his involvement in many community activities.

A friend said Dickerson delivered babies, doctored them, delivered their children when they became adults, and cared for them when they became parents and grandparents.

(Bob Bowman of Lufkin is the author of almost 50 books on East Texas history and folklore. He can be reached at bob-bowman.com)





Dot's Dashes, continued

When my daughter discovered a lump in her breast, her physician assured her it was nothing and that she didn't even need a mammogram. If she had listened to him, she would be dead now. Instead, she rushed to TMC, where the radiologist called her into the room where he was looking at the picture and said to her, "I'm not sure what this is, but I know what we have to do about it."

Physicians are often so busy that they don't listen to patients, but one physician I like very much says, "Nine times out of ten, if you listen, the patient will tell you what is wrong. The problem is that they won't listen."

If your doctor won't listen to you, find one who will. Don't assume that because you read about a disease in *Reader's Digest*, you have it. But if you had the symptoms described in *Reader's Digest* before you read the article, find out what's causing the problem. Don't be put off by the arrogance of superior technical knowledge. Insist on finding out what's wrong.

In short, follow Fowler's first law: Use a little sense.







Texoma Enterprise







Comments Solicited on Refuge Feral Hog Control Program

Hagerman National Wildlife Refuge (Refuge) in north central Texas is proposing to expand feral hog control efforts on Refuge lands. As part of this process the public is being invited to provide early comments on potential issues or concerns that should be considered.

Feral hogs pose a serious threat to native wildlife and all refuge habitats. The goal of feral hog management on Hagerman NWR is to control the expanding population of feral hogs (Sus scrofa) by reducing their numbers to the extent possible. Successfully accomplishing this goal will result in less competition for food, water and space between feral hogs and native wildlife; reduce habitat disturbance; reduce destruction of nests of ground nesting species such as dickcisssel, turkey, mallard, quail, reptiles and amphibians; and reduce damage to refuge roads, impoundments, streams, and farm fields through excessive rooting behavior feral hogs engage in while foraging for food.

This comment period is known as 'Scoping' under the National Environmental Policy Act. During scoping the Refuge is looking for general comments on the proposed feral hog control program. These comments will assist in determining the next course of action. Comments will be accepted until June 17, 2011. Comments should be sent to Kathy_Whaley@fws.gov or mailed to; Refuge Manager, Hagerman National Wildlife Refuge, 6465 Refuge Road, Sherman, Texas 75092

The mission of the U.S. Fish and Wildlife Service is working with others to conserve, protect and enhance fish, wildlife, plants and their habitats for the continuing benefit of the American people. We are both a leader and trusted partner in fish and wildlife conservation, known for our scientific excellence, stewardship of lands and natural resources, dedicated professionals and commitment to public service. For more information on our work and the people who make it happen, visit www.fws.gov.

www.fws.gov/southwest/

Comments Solicited on Refuge Hunt Program

Hagerman National Wildlife Refuge (Refuge) in north central Texas is proposing to add quota permit feral hog and wild turkey hunting opportunities on Refuge lands. As part of this process the public is being invited to provide early comments on potential issues or concerns that should be considered.

The objectives of implementing feral hog and wild turkey hunting programs on Hagerman NWR are to provide the general public an opportunity to participate in priority, wildlife-dependent recreation. In addition, implementing a feral hog hunt will aid in reducing the population of this invasive and destructive species which will benefit refuge habitat and native wildlife. The proposed hunts will provide a high quality wildlife-dependent (hunting) experience in north Texas by offering an uncrowded, highly individualistic experience.

This comment period is known as 'Scoping' under the National Environmental Policy Act. During scoping the Refuge is looking for general comments on the proposed hunting program. These comments will assist in determining the next course of action. Comments will be accepted until June 17, 2011. Comments should be sent to Kathy_Whaley@fws.gov or mailed to; Refuge Manager, Hagerman National Wildlife Refuge, 6465 Refuge Road, Sherman, Texas 75092

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www.fws.gov/southwest/





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Phone (903) 482-0099
Fax (903) 482-0098
E-mail matt@sullivanlawfirm.biz

What Is Asset Protection Planning?

Asset protection planning is about protecting your assets from creditors -- and it is not just for the super-wealthy.

Anyone can get sued. Lawsuits can stem from car accidents, credit card debt, bank foreclosures, or unhappy customers, among many other things. If someone wins a monetary judgment against you, your family could become bankrupt trying to pay it off. To keep your assets away from creditors, you need to move them somewhere where creditors can't reach them. Asset protection techniques include maximizing contributions to IRAs, moving funds to an irrevocable trust, retitling various assets, or using limited

liability companies or family limited partnerships.

To develop an asset protection plan, you need to talk to your attorney. Your attorney can discuss your short- and long-term financial goals and help you create a plan that will work for you.

It is important to note that asset protection planning only works if you act before you are sued. Under the law, you may not defraud current creditors. If you are already being sued or if you know you are going to be sued and you transfer assets so that creditors can't reach them, the court will reverse the transfer. That is why it is a good idea to put a plan into place now -- before it is too late.







Texoma Enterprise

Eminent Domain Reform Bill Passes out of Conference Committee

Austin - The Texas Legislature passed Senate Bill 18, by State Senator Craig Estes (R-Wichita Falls) which provides key reforms to the state's eminent domain laws.

"Private property and the right to own and profit from it, are fundamental to not only our economic liberty, but also our personal liberty," said Estes. "We know that Texas is thriving as a state and property is a valuable asset, but that growth should not come at the expense of property owners. This is the most important bill to strengthen private property rights for landowners."

Senate Bill 18 makes several key revisions to current law, including requiring that condemning authorities make a good faith offer before condemning procedures begin, prohibiting the taking of private property unless it is for a public use, improving notice and disclosure by condemning entities, applying condemnation rules to all condemning entities, and providing property owners with the opportunity to buy back property at the original purchase price if the taken property is not used for its public purpose in ten years.

One of the key provisions requires fair compensation for loss of access and for moving or relocation expenses from the condemning authority. Under Senate Bill 18, a property owner would be entitled to compensation for any loss of market value at the time of taking due to a material impairment of direct access to the land.

Other key provisions include authorizing property owners to construct roads over oil and gas pipeline easements, with certain restrictions, and requiring all entities with eminent domain authority to register with the state comptroller by December 31, 2012 or risk losing their condemnation authority.

"Senate Bill 18 provides meaningful comprehensive eminent domain reform and strengthens the rights of property owners against the use of eminent domain by government or other condemning authorities", said Estes. "I am extremely grateful for the hard work and cooperation of State Senator Robert Duncan, State Senator Glenn Hegar, State Representative Charlie Geren and our colleagues in the Texas House who have been invaluable in helping to craft and pass this legislation."

The bill was declared an emergency item by Governor Perry. It will now be sent to the Governor's desk to be signed into law.

Senator Estes is Chairman of the Senate Committee on Agriculture and Rural Affairs, and represents Senate District 30 covering Archer, Baylor, Clay, Collin (part), Cooke, Denton (part), Grayson, Jack, Montague, Parker, Palo Pinto, Shackelford, Stephens, Throckmorton, Wichita, Wilbarger, Wise, and Young counties.



Capitol Watch

By Larry Phillips, State Representative



Bills Passed

As of this writing, there are only 16 days left in the 82nd Legislative Session. Friday was the last day that the House could hear bills that originated in the House, with the exception of local bills. Next week, the House will focus on bills that have been passed by the Senate. This week, I will discuss a few bills that were passed by the House this week and have now been sent to the Senate for approval.

House Bill 12, relating to the prohibition of sanctuary cities and about which I wrote last week, passed the House on Tuesday. It has now been sent to the Senate for consideration.

About 5 years ago, the federal government banned the sale and manufacture of incandescent light bulbs to encourage people to use the more energy-efficient florescent bulbs. For many reasons, people may need or prefer incandescent bulbs. *HB* 2510 provides that an incandescent light bulb that is manufactured and sold within the state of Texas is not subject to interstate commerce laws nor the federal ban. The bill also provides that bulbs manufactured in Texas be stamped "Made in Texas" and for the entirety of the bulb to be produced in the state.

Recently, the Transportation Security Administration (TSA) began using advanced imaging technology (AIT) in airports around the country. Concerned parties object that AIT scanners, commonly referred to as full-body scanner technology, are intrusive and violate a passenger's privacy. A traveler's only alternative to walking through the scanner is to allow a TSA employee to search the traveler's entire body. There have been allegations that travelers have been touched inappropriately by TSA employees, and that individuals with disabilities have had to remove prosthetics and have been detained while wheelchairs, crutches and other equipment are scrutinized. *House Bill 1937* seeks to address these issues and traveler concerns by classifying certain invasive and inappropriate conduct used in certain searches as official oppression.

Feral hogs in Texas are responsible for approximately \$400 million in direct damages to Texas every year. There are an estimated two million feral hogs in Texas and feral hogs are found in nearly every county of the state. Helicopters are currently used in certain areas by landowners to hunt feral hogs in order to reduce hog populations. However, the hunters who are not the landowners are not allowed to hunt hogs from helicopters. *House Bill 716* would allow landowners, with approval from Parks and Wildlife, to have hunters hunt feral hogs from helicopters on their property.

For more information on these bills or any other legislative matter, please contact my office by writing to P.O. Box 2910, Austin, TX 78768-2910 or by emailing me at larry.phillips@house.state.tx.us. My district office phone number is (903) 891-7297.



Hall Votes for Offshore Exploration, Promotes Job Creation and Energy Security

WASHINGTON, DC... May 5 - Rep. Ralph Hall (TX-04) voted with the House Majority to pass H.R. 1230, Restarting American Offshore Leasing Now Act, which passed a vote of 266-149. The House will vote on H.R. 1229, Putting the Gulf Back to Work Act, next Tuesday (5-10-11).

"These bills will help set America on a responsible path to safely develop our abundant offshore oil and natural gas energy resources," said Hall. "I have long been a supporter of pursuing an across-the-board energy policy that includes offshore exploration."

Hall continued, "At a time when there is such political instability in North Africa and the Middle East, relying on oil imports from these foreign countries puts America's security at risk. By decreasing our dependence on foreign oil, we will help ensure our energy security and strengthen our economy as well.

"Today, the average price of gasoline is \$3.95. Rising gasoline prices hurts families and small businesses, and, ultimately, our economic recovery. H.R. 1229 and H.R. 1320 address these issues by lowering gas prices, creating American jobs, and generating billions of dollars in revenue to help reduce the debt and deficit.

"By pursuing all possible energy solutions, including offshore drilling, we are doing what we can to alleviate prices at the gas pump and put money back in the hands of Americans."







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We believe that your local news provided should provide you with news, information, facts, and sources to further study that information. Here are some websites that are providing those facts, at least at the time of their listing on our page. If you know of others that our readers would enjoy send them to us. Or if some of these are no longer working let us know.

This Page is a Work in Progress

Howe Public Schools

Class Tools - for classroom use - games, tests, timer, tools.

Howe Public Library

Library information, Language courses, Student events

Quotations Page

Spanish Dictionary

Van Alstyne Public Library

Library information, Library Catalog, Library Calendar, Online information, Research tools, Resume Maker

Royalty Free Music

Search Engines-

Yahoo

Alta Vista

Google

Ask Jeeves

Selected Sites

<u>Texas Records and Information Locator (TRAIL)</u> searches and locates information from over 180 Texas state agency web services.

<u>The Handbook of Texas Online</u> is a multidisciplinary encyclopedia of Texas history, geography, and culture sponsored by the Texas State Historical Association and the General Libraries at UT Austin.

<u>Texas Online</u>: The official website for the Great State of Texas and provides instant access to almost 800 state and local government services.

<u>Library of Texas</u>; Immediately start searching multiple Texas library catalogs and other knowledge collections in one sitting.

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Christian Fellowship

A Christian Fellowship begins each Sunday morning at 9 am with coffee and doughnut fellowship followed by classes for all ages at 9:30 am, Worship service begins at 10:30 am and this week the service will be led by Mike Ball. Come on out and join them in praise and worship each Sunday morning, and dress is casual.

Praise and worship is led by David Ellis and is a contemporary style service. The church celebrates The Lord's Supper each Sunday morning during worship time.

The youth will be hosting a garage sale in June with the exact date to be announced at a later time.

Wednesday night begins at 6:30 pm with a pot luck dinner followed by praise and worship and a devotional.

The church is located on the West side of Hwy 11 in Luella, look for the red brick building with the green metal roof on the hill, the cross will light the way for you.

For more information contact Mike Ball at 903-870-0219.

Cannon

903/482-6761

CANNON BAPTIST CHURCH

RFD 1, Rev. John Wade, pastor,

George Seevers, 903/364-2942

BAPTIST CHURCH, 6335 FM 1753, Denison

Sun School 9:45; worship, 11, evening 6; Wednesday,

SOVEREIGN GRACE

BAPTIST CHURCH

Dennis Stewart, pastor,

DORCHESTER BAPTIST

CHURCH Hwy. 902W,

CHURCH OF CHRIST

304 E. College, 903/433-4835

FIRST BAPTIST CHURCH

Sundays - 9:30 AM Worship

300 Pecan, 903/433-3335 **GRACE BIBLE**

Cherry Mound

7pm

Dorchester

903/476-5525

COLLEGE HILL

FELLOWSHIP

Pastor Bruce Stinson Brooks Plaza

www.thegbf.com

Gunter

Tom Bean **Church of Christ**

The Tom Bean Church of Christ invites everyone to come and worship with us.

Services begin each Sunday with Bible class for all ages at 9 am and worship at 10 am. The evening worship service begins at 6 pm. The Lord's Supper is given each Sunday. The morning and evening lessons are brought by Kerry King with congregational singing lead by Charles Counts.

Wednesday, we have Bible classes for all ages beginning at 7 pm. The church is located at the corner of FM902 and FM2729 South in Tom Bean, TX.

We have two radio programs each Sunday at 7:30am on KFYN 1420AM and KFYZ 93.5FM. The lessons are brought by A.C.

The Gospel of Christ news letter can be http://www.thegospelofchrist.com/newslet



Local Churches

continued



CHURCH OF CHRIST

Howe

APOSTOLIC LIFE UPC

405 S. Collins Frwy,

Jerry Pentecost, 903/821-9166; Sun. 10am & 6pm NEW BEGINNING FELLOWSHIP/AG,

912 S Denny St.

903/532-6828; Roger Roper,

S-school, 9:30, worship 10:45

BETHEL BAPTIST

Hwy. 902 E & Ponderosa Rd, Weldon Hutson, pastor,

903/532-6032

SUMMIT CHURCH Howe Middle School Cafeteria,

903/815-1472; Kevin Bouse

CHURCH OF CHRIST

N. Collins Frwy,

903/532-6441;

Toby Socheting

FIRST BAPTIST CHURCH

100 E. Davis,903/532-5504;

Roger Tidwell, pastor

FIRST UNITED METHODIST CHURCH 810 N. Denny,

903/532-6718;

Tom Medley, minister

IDA BAPTIST CHURCH, 903/813- 3263. S- School 10 am, Worship 11 am

of Christ

The Beckoning Face

Devotional Thoughts from Dr. Lowell C. Howard

II Corinthians 4:6 "It was God Who said 'Let the light shine out of the darkness,' Who has given His light to shine in our hearts and to give us the light to experience and comprehend the glory of God as we are confronted by the face of Christ." (Cowboy and Stockyard -Practical Teaching Version - LCH)

Something about the face of Jesus drew people to Him! As He entered into cities, people came to see Him, a few hoping to speak with Him, some bringing others to see Him. Some whose physical needs were out of control made their way to Jesus to tell Him. Little children came to Him to play at His feet and to feel the strength and hope being around Him gave to them.

The face of Jesus was a calling, a beckoning face! People just wanted to be near Him, to hear Him speak, to watch Him as He performed miracles. Some became the miracle and went away healed. Some were given new hope, a new lease on life, a reason to live. Some abandoned their old way of life and felt Jesus move them to a new way of living. Some sensed His calling to go with Him and soon would feel His imperative to go out for Him, to carry His message to people who also needed hope.

In every age people with need have come to Jesus! He invites people to 'come unto me all of you who labor under a heavy load and are burdened with sin and human need.' Jesus promised to never cast away

Charles Morris, pastor

Luella

LUELLA FIRST BAPTIST CHURCH

3162 St. Hwy. 11,

Harvey Patterson,

903/893-2252

A CHRISTIAN FELLOWSHIP, 150 Fellowship Ln,

Mike Ball, 903/870-0219

Tom Bean

CHURCH OF CHRIST

903/546-6620

FIRST BAPTIST CHURCH

903/546-6231

FIRST UNITED METHODIST CHURCH 903/546-6898

INSPIRATION POINT

COWBOY CHURCH

FM 2729, 2.5 miles

South of Tom Bean

Duane Peters,

903-815-2278

PILOT GROVE

BAPTIST CHURCH 1271 Pilot Grove St.

903/450-3708

Sherman/Denison

THE CHURCH OF JESUS CHRIST OF LATTER DAY

SAINTS



Face of Jesus, continued

anyone who would come to Him but told them that He would help them carry their load. Do you let Him?

God's Holy Spirit calls people to Jesus where they can find the help from God they need and where they can begin to help others who also need to know Him as Lord! John wrote in the Revelation that the Spirit of God says to come to Him. In fact, the church, the bride of Christ, the believers who follow Him are also call to others to come and to believe Him.

Jesus had said, 'Come, take up your cross, and follow Me!' His cross was for dying on for all who would believe upon Him for redemption from sin. A cross is for dying to self, personal pride, personal gain, personal pursuits, so that one may follow Him unimpeded by the past, unhindered by the present, and unhampered by personal will, wishes, desires, vices or pursuits. This same Jesus also said, 'Come to me and there is no way that I will discard you or lose you to the control of Satan.'

His was a longing face! He longed for people to find hope and help in Him. He longed for His creation to return to His hand for help and purpose, for usefulness and worship of God. He longed for people, 'dry and hopeless,' to come to Him where the supply of the 'moisture of life' was abundant and free. He said, 'Let him that is thirsty for hope and life come to me.' People could see that He was genuine. People discovered that they could experience the

'new life' that He offered. People received the 'water of life' by believing Him and their lives were renewed, filled anew as a sponge soaks up water when submerged in it.

He told crowds that 'perilous times are coming' and that their own resourcefulness would not be enough for them! He also commanded that people prepare for Him to return for them and to be ready at all times. Saying, 'Behold, I come quickly,' Jesus instructed them to follow a path of dedication and of faithfulness to Him. Seeing His face, people wanted to be close to Him and to follow Him everywhere He went. Those who were healed desired the Jesus way above every other human way.

In His face was a calling, a beckoning, which people could not refuse! They followed Him when they were ill, and hungry. They came when it was convenient and they went to Him when it was inconvenient. They left their fishing nets, their port duties, their kitchens and their crops to follow Him. When they saw His face they left the comfortable to move into the certainty of His promise and His provision. He is beckoning you! Follow Him!

Choctaw Creek Cowboy Church Minister Lowell Howard 509 E Hayes (Hwy 56 E) In Savoy, Texas 10:30 TO 11:30 AM Sunday Worship Service Copyrighted by Lowell C. Howard, used with permission





Local Churches Continued

FRIENDSHIP UNITED METHODIST CHURCH RFD 2 off Hwy. 56; 903/892-8450 WESTERN HEIGHTS CHURCH OF CHRIST 800 Baker Park Dr., 903/892-9635, Sun. 10 CHURCH OF THE NAZARENE, 601 Hwy. 1417, Pastor, Rev. Mack Rogers RED RIVER

1900 Lamberth Rd, Sherman.

3800 Hwy. 691 (w of Hwy. 75); Novice Northington, 903/463-5840

Van Alstyne

COMMUNITY BIBLE CHURCH Northwest corner Hwy 5 & County Line Rd.

CHURCH OF CHRIST

105 Hopson,

COWBOY CHURCH

Shannon Jackson, minister, 903/482-6033

EAST SIDE

CHURCH OF CHRIST

PO Box 141, Larry Shead, minister; worship 11am ELMONT BAPTIST CHURCH

FM 121 W, Elmont;

Jim Poole, pastor,

903/482-6356

FAITH TEMPLE CHURCH, corner of Pearl & Nash,

Pastor Kenneth L. Price,

972/547-0243.

LIFE CHURCH,

201 W. Marshall,

Pastors – Lance/ Mary Baker

903/433-8089

FIRST BAPTIST CHURCH

102 E. Marshall, 903/482-6334,

Jimmy Tarrant, pastor

FIRST CHRISTIAN CHURCH

206 Waco, 903/482-5515,

Gary Giibbs, pastor

FIRST PENTECOSTAL CHURCH

903/482-6646,

Rev. J.R. Thornhill, pastor FIRST UNITED METHODIST



CHURCH 301 S. Preston, Rev. Jack Wallace, minister GREYWOOD HEIGHTS WORSHIP CENTER On Hwy. 75 just north of Dairy Queen, 903/482-6700; Chris Jones, pastor **HOLY FAMILY** CATHOLIC CHURCH Father Stephen W. Bierschenk, 972/562-0752 MORNING CHAPEL CHRISTIAN METHODIST **EPISCOPAL** 103 Bowen, 902/482-5431 SAMARIA BAPTIST CHURCH 702 E. Fulton, 903/482-5664, Rev. Arnold Baker, pastor



Texoma Enterprise

Neighborhood Genealogist - How to Preserve Records

by Dale Rideout

By now you have started to gather a fair bit of information. You have many names with their relationship to you along with birth and death dates and places. You have marriages and children and with some luck you are beginning to gather family stories. This is all your history and important to you and your family. How do we keep it all in order.

The most obvious choice is with a computer. There are many computer programs that are designed specifically for genealogy. Most of them range from about \$30 to over \$100. They all do about the same thing, but each one will have its own bells and whistles. Let me suggest that you not buy any one until you know which would suit your needs best. Do a lot of study about each one and just what you want your computer program to do for you. Check the bells and whistles so that you learn just what you want most in your program before purchasing any of them.

In the meantime, you can download Personal Ancestry File from FamilySearch.org. Got to the website. Click on "Go to Previous version." on the right-hand side about ½ way down the screen. When the new page opens, look on the right hand side for "Free PAF Family History Software." Near the bottom of the paragraph click on the words, "download PAF." Answer the questions and register for FamilySearch.org. You will download the software free and can begin your lifelong quest.

You should also keep a paper copy of everything you collect. I suggest using a simple three ring notebook with dividers. All of your Family Group Sheets, and Ancestry Sheets can be punched with a three hole punch and saved in that notebook. You will also have a minimum of eight sections for family names (surnames.) I suggest eight because that will take you back through your great-grandparents. As you have

success with your research, you can add more dividers for more surnames.

Choose you own method of organizing the records as you find out which information you most easily can acquire. You may want to file them by last name, alphabetically and then by year of birth with the newest records first and oldest ones last. This is all just a matter of choice and you may change it as you gain more information over the years.

When your binder gets full, then simply add another one, dividing the information between them. You can continue to add binders almost forever. One thing I would suggest is that you invest in some acid free paper, and pens designed for long lasting images. As you are doing your research you will find pages that have faded and the paper and ink have a lot to do with this fading.

Another thing to keep in mind is to "back-up" your work. I have my family history on four computers and several websites. I must admit that I have not made extra copies of my paper files. Do as I say not as I do. Keep a set of the files as well as your computer records at some location away from where you keep your research. I do not wish to scare folks, but a house fire could wipe out all your work. While some things can be replaced, your photos and records cannot, unless you have duplicates somewhere else.

As for your computer, let me tell you a little story. I have a friend who was working on her doctorate degree. She had all her information on her computer, including her dissertation. None of it was backed up and none of it was in paper form. One day a thief broke in and stole her computer. It was easy to get a new computer, but there was months of work in the research and writing of her dissertation. It all had to be done over. Back up your files. See you next month with more ideas about genealogy.



Texoma Enterprise

Calorie cam a fat expense in war on childhood obesity

By Mike Barnett

Moms and dads should be concerned about fat kids. So should the government. Obesity rates are soaring. Millions of dollars have been spent to conduct thousands of studies to examine why one-third of children ages 6 to 19 are overweight.

Add another study to the mix and \$2 million in taxpayer dollars down the drain. USDA announced a grant to five San Antonio schools last week for cafeteria cams to figure out what and how much kids eat at school. The high-tech wonder will snap photos of lunch trays before students check out at the register. It will take another picture when they finish eating. The calorie counting camera will identify the food, capture the nutrient levels and measure what the students have eaten.

Do we really need a high tech surveillance system to figure this out? It's pretty obvious to me. When kids have a choice between a greasy hamburger and a turkey wrap or cheese enchilada versus a tuna sandwich, the greasy hamburger and cheese enchilada -- nine times out of ten -- is going off the tray and into the mouth.

The goal of the program is to teach parents that a steady diet of high-sugar, high-fat and high-salt foods is bad for you. Duh. I think most moms and dads know that. Study after study shows that high calorie intake and little exercise leads to obesity.

Yet many continue to feed their kiddos a steady diet of cookies, salty snacks and Big Macs. Many let their kids retire to their rooms for hours on the Xbox and PlayStation instead of getting them outside in the fresh air for play and exercise.

Obesity in children and adults is a serious problem that is fat on studies and short on solutions. Spending another \$2 million to expose the obvious is pointless.

It's all about choices, both for parents at home and administration in schools. Parents need to take the responsibility to provide a diet rich in lean meats, fruits, vegetables and whole grains -- sans the salt -- to their children. School districts should do the same.

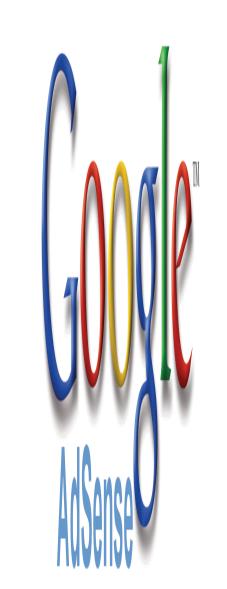
Bad choices will be made when bad options are presented.

The data is there to add the carrots and nix the fries.

The willpower isn't.

Visit the Texas Farm Bureau website at www.txfb.org.









Texoma Enterprise

The price of Gas versus Printer Ink

All these examples do NOT imply that gasoline is cheap; it just illustrates how outrageous some prices are....This makes one think, and also puts things in perspective.

Diet Snapple 16 oz \$1.29 ... \$10.32 per gallon

Lipton Ice Tea 16 oz \$1.19\$9.52 per gallon

Gatorade 20 oz \$1.59 .. \$10.17 per gallon

Ocean Spray 16 oz \$1.25 \$10..00 per gallon

Brake Fluid 12 oz \$3.15 \$33.60 per gallon

Vick's Nyquil 6 oz \$8.35 ... \$178.13 per gallon

Pepto Bismol 4 oz \$3.85 .. \$123.20 per gallon

Whiteout 7 oz \$1.39 \$25.42 per gallon

Scope 1.5 oz \$0.99\$84.48 per gallon

And this is the REAL KICKER...

Evian water 9 oz \$1.49..\$21.19 per gallon! \$21.19 for WATER and the buyers don't even know the source

(Evian spelled backwards is Naive.)

Ever wonder why printers are so cheap?

So they have you hooked for the ink. Someone calculated the cost of the ink at...... (you won't believe it....but it is true......) \$5,200 a gal. (five thousand two hundred dollars)

So, the next time you're at the pump, be glad your car doesn't run on water, Scope, or Whiteout, Pepto Bismol, Nyquil or God forbid, Printer Ink!

OUTZKIRTS By: David & Doreen Dotson









OUTZKIRTS.COM



Cat Chat



by C. Cat Jr.

A little misunderstanding

Well - it is that time again. Another week has passed. I am going to tell you something about the Old Man.

Old Man volunteers at a nearby elementary school. They have 5 kindergarten classes and Old Man one day each week with each of those five classes. Two of the classes are bi-lingual speaking Spanish and English. Old Man has wanted for years to learn Spanish but has never had the environment that would make it easier for him to learn it. Now he has that environment. Sometimes he even helps the Spanish kids write their sentences. You would be surprised how much Spanish you can learn when helping children learn to write and their language is Spanish. Yep, two days a week he is helping them write in Spanish.

A few weeks ago he was working with a small group and the principal was visiting with the teacher. The teacher asked the Old Man a question, in Spanish, forgetting to change to English for the Old Man. Old Man did not understand, so she repeated the question. Old Man thought he repeated the question as he heard her ask - to clarify the meaning.

The teacher had asked in Spanish, "How are they doing?" When Old Man repeated it, he asked the teacher, "How are you loving?" This got quite a howl of laughter from both the teacher and the principal who is also bilingual.

Now Old Man still enjoys speaking with the children in Spanish, but he is quite careful about anything he says to the adults around him. See you next week.



Texoma Enterprise

Classified Ads

ELM HOUSE ANTIQUES

Doris Hayes, formerly of Elm House Antiques (at 710 N Elm in Sherman) is now located in A Touch of Class Antique Mall on the Square in downtown Sherman, Booth 115. Same fine quality & eclectic collections of fine art, glass, china & pottery.

WHO HAS?

Want to purchase minerals and other oil/gas interests. Send details to: PO Box 13557, Denver, CO 80201.

TILLETT GROCERY

102 S. Waco (Hwy. 5), Van Alstyne, TX, 903-482-5494 Fresh Cut Meat (never frozen), Complete line of groceries, Fishing Equipment & Bait, Great Beer & Wine selection.

EMPLOYMENT AD

Tom Bean I.S.D.

Athletic Director/Head Football Coach Position
Applications are available at the Superintendent's

Office

at 7719 State Hwy. 11 or at www.tombean-isd.org Job details are available on the Tom Bean website

AAAA Automotive

3535 Hwy 902 Howe, Texas 75459

Specializing in Ford Automotive repairs

general repairs of all makes of automobiles and pick-ups, etc.

Hease be sure to check our all new website assaudoparts com for lower prices for our new items and our monthly specials.

Monday - Friday 8am - 5:30pm Rob Hunt Saturday 9am - 1pm 903-546-0024

WALDO FUNERAL

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Texoma Enterprise
805 N. Hughes
Howe, Texas 75459-3587
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dalerideout@cableone.net
lanarideout@cableone.net

Texoma Enterprise is owned and operated by Dale and Lana Rideout. They have been doing this since 1978. The picture on the left is about 5 years old, with Dale shown as "Santa" Rideout at Christmas, 2009. The family shot on the right includes all our grandchildren, plus a couple of Step-grandchildren. It was taken at Elves Christmas Tree Farm. This farm opened to the public in 1990 when Jordan was only 2 months old and he went there with us. Every year since we have taken every grandchild with us. This year was our 20 year to take all our grandchildren to the farm.



Dale & Lana Rideout



"Santa", Amber, Dominique, Timothy, Jordan, Rachel, Caleb, Chris, Cassie, Brianna, Lana

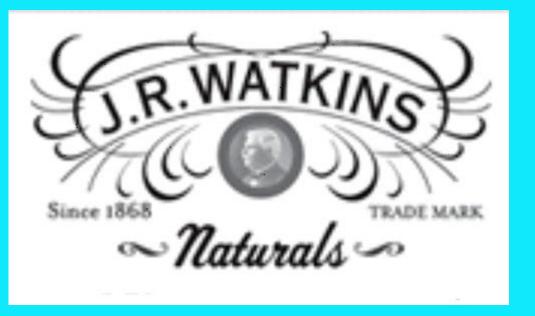


"Santa" Rideout

These Grandkids always have fun at the Christmas Tree Farm, and they really can sing - but my may not know it from this little video from 2009.







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